

# Abortion Resources for Effective Referrals & Education



## Abortion Care

Use [INeedAnA](#) or [AbortionFinder](#) to locate your closest verified abortion clinics and telehealth options in your area.

List any relevant details including services, contact information, and location.



[INeedAnA.com](#)



[AbortionFinder.org](#)

### The closest abortion providers are:

Clinic Name:	Clinic Name:
Services:	Services:
Contact:	Contact:
Location:	Location:

## Funding & Practical Support

Use the [National Network of Abortion Funds](#) and [Apiary for Practical Support](#) websites to find the funding and practical support organizations (PSOs) serving your area.



[AbortionFunds.org](#)



[ApiaryPS.org](#)

### The funding/PSOs in my state are:

Org Name:	Org Name:
Contact:	Contact:
Services:	Services:

# Emotional Support



**All-Options Talkline** provides peer-based pregnancy counseling and support.

**Website:** [All-Options.org](https://www.all-options.org)

**Phone Number:** 1-888-493-0092



**Faith Aloud** offers support with spiritual concerns or questions about abortion and pregnancy decisions.

**Website:** [FaithAloud.org](https://www.faithaloud.org)

**Phone Number:** 1-888-717-5010



**Exhale Pro-Voice** offers text-based after-abortion support for people who have had abortions and the people who want to better support them.

**Website:** [ExhaleProVoice.org](https://www.exhaleprovoice.org)

**Phone Number:** 617-749-2948



# Self-Managed Abortion



**Reprocare Healthline** offers anonymous peer support for people having abortions at home. Callers can expect trained, compassionate, and nonjudgmental emotional support and information.

**Website:** [AbortionHotline.org](https://www.abortionhotline.org)

**Phone Number:** 833-226-7821



**Plan C** is an educational resource for learning how people in the U.S. access abortion pills and safely manage their abortions. It does not sell abortion pills.

**Website:** [PlanCPills.org](https://www.plancpills.org)



**M+A Hotline** is a team of clinicians who provide private, free, caring, and accurate information and support to people who are going through an abortion or miscarriage.

**Website:** [MAHotline.org](https://www.mahotline.org)

**Text and Call Line:** 1-833-246-2632



\*Each hotline has hours of operation. Check websites for more information\*

# Privacy



**Euki** is an app that provides period tracking, reproductive and sexual health information, and abortion care navigation (including support to access in-clinic care, abortion pills by mail, and abortion funds). Euki is focused on user privacy including PIN protection, data deletion, and no third-party tracking.

**Website:** [EukiApp.org](https://EukiApp.org)



**Digital Defense Fund's** guide to Keep Your Abortion Private & Secure can help clients learn ways to prevent others from learning about their abortion including partners, family, friends, tech companies, and protesters.

**Website:** [DigitalDefenseFund.org/Abortion-Privacy](https://DigitalDefenseFund.org/Abortion-Privacy)



# Legal Support



**Abortion Defense Network** supports people who have questions about their legal rights to provide or support abortion care, or if they have been threatened with arrest, prosecution, or other legal action related to abortion.

**Website:** [AbortionDefenseNetwork.org](https://AbortionDefenseNetwork.org)



**Repro Legal Helpline** provides free, confidential legal services for your reproductive life, including abortion, pregnancy loss, and birth.

**Website:** [ReproLegalHelpline.org](https://ReproLegalHelpline.org)



**Repro Legal Defense Fund** provides financial support to people criminalized for their pregnancy outcomes or other decisions about their bodies.

**Website:** [ReproLegalDefenseFund.org](https://ReproLegalDefenseFund.org)



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